

The logo for Podium Café is centered within a large, semi-transparent yellow circle. The word "PODIUM" is written in a blue, sans-serif font. Each letter is stylized: the 'P' is a simple vertical bar; the 'O' is a circle with a vertical line through its center; the 'D' is a vertical bar with a curved top; the 'I' is a thin vertical bar; the 'U' is a vertical bar with a curved bottom; and the 'M' is a stylized letter with a double-line effect on its right side.

PODIUM

CAFÉ

Open Monday to Friday, 6.30am - 3.30pm | tel. 4724 8088

Kitchen closes at 2:30pm

ALL DAY BREAKFAST

ACAI BOWL Choose your base: Acai berry **OR** Matcha **OR** Blue spirulina **OR** Beetroot

Served with granola, banana, passion fruit, strawberry, kiwi and Greek yoghurt topped with chia seeds and toasted almonds // **9.9**

BAKED EGGS Spanish style baked eggs in rich tomato with chorizo, capsicum and wilted spinach, served with toasted sourdough // **16.9**

BREKKY BURGER Toasted Turkish roll, fried egg, bacon, caramelised onion, spinach, tomato and cheese with a side of hash browns // **16.9** Add beef patty + **3.9**

SMASHED AVO Toasted sourdough topped with fresh avocado, Persian feta, spinach and finished with lime, pepper and balsamic vinegar // **16.9**

SAVOURY MINCE Traditional style savoury mince with peas, corn and carrots in thick sauce, served with toasted sourdough + poached egg // **16.9**

OMELETTE A choice of: Spanish chorizo, capsicum and mozzarella **OR** Avocado, tomato and Spanish onion // **16.9**

LEG HAM BENEDICT Poached eggs on your choice of English muffin, croissant or bagel with honey-baked ham, spinach and hollandaise sauce // **16.9**

PODIUM BREAKFAST Crispy bacon, two eggs (poached, fried or scrambled), grilled tomatoes, and toasted sourdough // **16.9**

EGGS ON TOAST Your choice of eggs (poached, fried or scrambled) on your choice of fresh toast // **10.9**

Feeling hungry? Add extra eggs (poached, fried or scrambled), crispy bacon, mushrooms, grilled tomato, baked beans, hash brown, hollandaise sauce, avocado, 2 slices of toast (white, brown, multigrain, sour dough or gluten free **G+**) + **2.9**

HOUSE MADE HOT & COLD ITEMS

GLUTEN FREE FRITTATA Side salad with your choice of frittata (Chorizo, potato and red capsicum **OR** Sweet potato, pumpkin, feta and spinach) // **13.9**

FILLO A choice of: Butter chicken **OR** Spinach and feta **OR** Oven roasted vegetable scroll // **7.9**

BAGEL A choice of: Smoked salmon, dill and cream cheese **OR** Camembert, pesto, spinach and onion jam // **6.9**

CROISSANT A choice of: Ham, cheese and tomato **OR** Bacon, egg and cheese // **5.9**

PIE A choice of: Beef and bacon **OR** Chicken and mushroom // **5.9**

POACHED CHICKEN SALAD Poached chicken strips, bean sprouts, lettuce, tomato, capsicum and cucumber with honey mustard dressing // **9.9**

BOWL OF CHIPS Small // **4.9** Large // **7.9**

Add Side of Chips or Side of Garden Salad to any Quiche, Filo, Bagel, Croissant or Pie + **2.9**

FRUIT & YOGHURT CUPS

BIRCHER MUSELI Bircher museli with Greek yoghurt // **6.9**

GRANOLA Granola with seasonal local fruit and natural Greek yoghurt // **6.9**

FRUIT SALAD Seasonal fresh fruit served with natural Greek yoghurt // **6.9**

ALL DAY LUNCH

TERIYAKI BOWL Your choice of teriyaki beef or chicken or tofu with brown rice, pickled ginger, seaweed salad, wilted bok choy, green beans and avocado topped with Kewpie mayonnaise // **15.9**

MOROCCAN CHICKEN SALAD Marinated grilled chicken strips on lettuce, tomato, chickpeas, bean sprouts, cucumber with a mild Moroccan dressing // **15.9**

TACO BOWL Mexican spiced chicken or beef, corn, black beans, cucumber, cherry tomatoes, sour cream, onion, capsicum and guacamole, served with your choice of brown rice or corn chips // **16.9**

BLT Crispy bacon, lettuce and tomato with house made dill aioli on toasted Turkish bread, served with rustic fries // **15.9**

SOUTHERN FRIED CHICKEN BURGER Chicken breast pieces coated in our secret Cowboys spice mix with lettuce, tomato, cheese, avocado and mild Sriracha aioli on Turkish bread, served with rustic fries // **16.9**

GRILLED MOROCCAN CHICKEN BURGER Chicken breast marinated in Moroccan spices with lettuce, tomato, onion, and Moroccan aioli on Turkish bread, served with rustic fries // **16.9**

TURKISH BREAD STEAK SANDWICH 150g rib fillet steak, mozzarella, iceberg lettuce, tomato, caramelised onion and BBQ sauce on toasted Turkish bread, served with rustic fries // **16.9**

PODIUM PLAYERS BURGER Gourmet beef patty, crispy bacon, egg, beetroot, cheese, tomato, iceberg lettuce and BBQ sauce on Turkish bread, served with rustic fries // **19.9** add extra beef patty + **3.9**

Add a softdrink or water to any All Day Lunch menu item + **3**



BUILD YOUR OWN SALAD | SANDWICH | WRAP

SALAD

10.9

Mixed fresh lettuce leaves

SANDWICH

5.9

BREADS: White, wholemeal, grain or gluten free **G+**

WRAP

8.9

WRAPS: White or gluten free **G+**

CHOOSE 1 MEAT

Honey smoked ham
Poached chicken breast

CHOOSE 1 MEAT

Hungarian salami
Tuna

CHOOSE 1 MEAT

Vegetarian options: **V**
Avocado

EXTRA MEATS
each + 2.3

CHOOSE 6 FILLINGS

Tomato slices
Cucumber slices
Beetroot

Spanish onion
Carrot

CHOOSE 2 FILLINGS

Capsicum
Spinach

CHOOSE 3 FILLINGS

Iceberg lettuce
Tasty cheese slices

EXTRA FILLINGS
each + 0.6

CHOOSE A DRESSING

Honey mustard
Balsamic

CHOOSE A SAUCE

Tomato
Sweet chilli

BBQ
Garlic aioli

Sweet mustard pickle

ADD A SIDE OF CHIPS to any Sandwich or Wrap + 2.9

Please advise staff when ordering:

G+ Gluten Free Surcharge + 1.2 **V** Vegetarian

DESSERTS

CAKES, TARTS AND PIES See our cake cabinet for today's selection and prices.

DRINKS

MILKSHAKE

THICKSHAKE

Chocolate, Strawberry, Caramel, Coffee, Vanilla, White Chocolate and Choc Mint.

ICED COFFEE

Ice cream, coffee, vanilla syrup, milk and whipped cream.

ICED CHOCOLATE

Ice cream, chocolate syrup, milk and whipped cream.

ICED MOCHA

Ice cream, chocolate syrup, coffee, milk and whipped cream.

ICED LATTE

Ice, coffee and milk.

ICED LONG BLACK

Ice, coffee and cold water.

House made cold brew available

SMOOTHIES

ACAI

Acai with yoghurt and skim milk.

Banana and Honey

Frozen banana, yoghurt, honey and skim milk.

Mango

Frozen mango, yoghurt, vanilla syrup and skim milk.

Mixed Berry

Frozen mixed berries, yoghurt and skim milk.

All smoothies can be dairy free upon request

REAL FRUIT FROSTED JUICES

CHOOSE YOUR MIXER: Apple juice or coconut water

Detox

The perfect blend of blueberries, boysenberries and banana, with dates added for natural sweetness.

Energise

A super refreshing blend of strawberries, apple, pear, pineapple, and dates.

Booster

Go green with a Booster – mango, banana and spinach with lime juice for an added kick.

FRAPPES

Cookies and Cream

Ice, ice cream, milk, crushed Oreos, white chocolate powder topped with whipped cream and crushed Oreos.

Cara Cap

Ice, ice cream, milk, double espresso and caramel sauce, topped with whipped cream and caramel sauce.

Nutella

Ice, ice cream, milk and Nutella topped with whipped cream.

Chocolate Deluxe

Ice, ice cream, milk and chocolate, topped with whipped cream and choc chips.

5.9

6.9

7.9

7.9

7.9

4.9

4.9

7.9

7.9

7.9

BOTTLED COLD DRINKS

Coke

4.9

Coke Zero

4.9

Sprite

4.9

Fanta

4.9

Lift

4.9

Mount Franklin Sparkling Water

4.9

Mount Franklin Still Water

4.9

Impressed Orange Juice

5.9

Impressed Tropical Juice

5.9

Impressed Apple Juice

5.9

Powerade

5.9

Raspberry/Lemonade Kombucha

6.9

Ginger/Lemon Kombucha

6.9

Passionfruit/Lemonade Kombucha

6.9

HOT DRINKS

Long Black, Flat White,

Cup/8oz

3.9

Cappuccino, Café Latte

Mug/12oz

4.9

16oz

5.9

Espresso, Piccolo

3.5

Short Macchiato

3.9

Long Macchiato, Mocha

4.9

Affogato

4.9

Vienna

4.9

Babycino

1.9

Hot Chocolate

4.9

Chai latte Spiced or Vanilla

4.9

Additional Syrups

0.5

Hazelnut, Vanilla and Caramel.

Pot of Tea

3.9

T2 Varieties: Earl Grey, English Breakfast, Just Chamomile, Just Peppermint, Sencha, Lemongrass & Ginger



CAFÉ