



# STAR ★ GIRAZLE

# ALL DAY BREAKFAST Served until 5pm.

MEMBERS

NON-MEMBERS

<b>VEGEMITE AND CHEESE</b> Toasted sour dough, lashings of vegemite and topped with melted cheese.	\$5.5	\$6.2
<b>WAFFLES</b> Served with your choice of: Crisp bacon, ice cream and maple syrup. Fresh banana, cinnamon, Australian honey and a scoop of ice cream.	\$14.9	\$16.6
<b>SMASHED AVOCADO</b> Toasted sour dough topped with fresh avocado, Persian feta, rocket and finished with lime, pepper and balsamic vinegar.	\$14.9	\$16.6
<b>LEG HAM BENEDICT</b> Poached eggs on toasted English muffin with honey-baked ham, spinach and hollandaise sauce.	\$14.9	\$16.6
<b>COWBOYS BREAKFAST</b> Crispy bacon, eggs (poached, fried or scrambled), grilled tomatoes and toasted sour dough.	\$14.9	\$16.6
<b>BUILD YOUR OWN BREAKFAST</b> Choose any 4 of the following: Eggs (poached, fried or scrambled), crispy bacon, pork sausage, mushrooms, grilled tomato, baked beans, hash browns, hollandaise sauce, avocado, 2 slices of toast (white, brown, multigrain, sour dough or gluten free ).	\$14.9	\$16.6
<b>FEELING HUNGRY?</b> Add an additional item from the Build Your Own list to any breakfast.	each +\$2.5	each +\$2.8

## BUILD YOUR OWN - SALAD / SANDWICH / WRAP

SALAD	SANDWICH	WRAP
\$10.9 M   \$12.2 N-M	\$5.5 M   \$6.2 N-M	\$8.9 M   \$9.9 N-M
Mixed fresh lettuce leaves	<b>BREADS:</b> White, wholemeal, grain or gluten free	<b>WRAPS:</b> White or gluten free
<b>CHOOSE 1 MEAT:</b>	<b>CHOOSE 1 MEAT:</b>	<b>CHOOSE 1 MEAT:</b>
<ul style="list-style-type: none"> <li>• Honey smoked ham</li> <li>• Poached chicken breast</li> <li>• Smoked salmon</li> </ul>	<ul style="list-style-type: none"> <li>• Hungarian salami</li> <li>• Pepperoni</li> <li>• Tuna</li> <li>• Prosciutto</li> <li>• Corned beef</li> </ul>	<ul style="list-style-type: none"> <li>• Vegetarian options: </li> <li>• Char-grilled mediterranean veg</li> <li>• Avocado</li> </ul>
		<b>EXTRA MEATS</b> each +\$2.0 M each +\$2.3 N-M
<b>CHOOSE 6 FILLINGS:</b>	<b>CHOOSE 2 FILLINGS:</b>	<b>CHOOSE 3 FILLINGS:</b>
<ul style="list-style-type: none"> <li>• Tomato slices</li> <li>• Cucumber slices</li> <li>• Beetroot</li> <li>• Pineapple</li> </ul>	<ul style="list-style-type: none"> <li>• Spanish onion</li> <li>• Carrot</li> <li>• Capsicum</li> <li>• Mushrooms</li> <li>• Spinach</li> <li>• Jalapeños</li> <li>• Pickles</li> <li>• Olives</li> </ul>	<ul style="list-style-type: none"> <li>• Iceberg lettuce</li> <li>• Semi-dried tomato</li> <li>• Tasty cheese slices</li> <li>• Swiss cheese slices</li> </ul>
		<b>EXTRA FILLINGS</b> each +\$0.5 M each +\$0.6 N-M
<b>CHOOSE A DRESSING</b>	<b>CHOOSE A SAUCE</b>	
<ul style="list-style-type: none"> <li>• Honey mustard</li> <li>• Caesar</li> <li>• Balsamic</li> </ul>	<ul style="list-style-type: none"> <li>• Tomato</li> <li>• BBQ</li> <li>• Garlic aioli</li> </ul>	<ul style="list-style-type: none"> <li>• Sweet chilli</li> <li>• Dijon mustard</li> <li>• Sour cream</li> <li>• Salsa</li> <li>• Guacamole</li> </ul>
		<ul style="list-style-type: none"> <li>• Whole grain mustard</li> <li>• Hot English mustard</li> <li>• Sweet mustard pickle</li> </ul>

**ADD A SIDE OF CHIPS** to any Sandwich or Wrap +\$2.9 M +\$3.3 N-M



## QUICK FIX 6 Available while stocks last.

*Ready in 15 minutes or it's free!*

- **PIE OF THE DAY**
- **QUICHE OF THE DAY**
- **FILO OF THE DAY**
- **SOUP OF THE DAY**
- **PANINI, ROLL OR CROISSANT OF THE DAY**
- **SALAD OF THE DAY**  
- Main Serve

MEMBERS  
**\$8.9**

NON-MEMBERS  
**\$9.9**

All served with a small side Salad of the Day.  
See display cabinets for today's selections.

**UPGRADE** your Quick Fix 6 meal with a pot of beer, glass of wine or post-mix softdrink  
*for only* +\$2.5 M +\$2.8 N-M

**ADD A SIDE OF CHIPS** to any Quick Fix 6 meal +\$2.9 M +\$3.3 N-M



## SNACKS

	MEMBERS	NON-MEMBERS
<b>SHOE STRING FRIES</b> with garlic aioli.	\$7.9	\$8.8
<b>POTATO WEDGES</b> with sweet chilli and sour cream.	\$8.9	\$9.9
<b>SWEET POTATO WEDGES</b> with sweet chilli and sour cream.	\$12.9	\$14.4
<b>LOADED WAFFLE FRIES</b> with bacon, salami, BBQ sauce and melted mozzarella.	\$12.9	\$14.4

## BURGERS

<b>STEAK AND CHEESE MELT</b> Caramelised onion jam, dill pickles, jalapeños, rib fillet, melted cheddar, Swiss and American cheeses and BBQ sauce on a brioche roll, served with rustic fries.	\$14.9	\$16.6
<b>NQ COWBOYS BURGER</b> Gourmet beef patty, crispy bacon, egg, beetroot, cheese, tomato, iceberg lettuce and BBQ sauce on a brioche roll, served with rustic fries.	\$14.9	\$16.6
<b>ZESTY LOCAL MACKEREL BURGER</b> Local mackerel pieces in a zesty batter with lettuce, tomato, Spanish onion, caper and dill aioli on a brioche roll, served with rustic fries.	\$14.9	\$16.6
<b>SOUTHERN FRIED CHICKEN BURGER</b> Chicken breast pieces coated in our secret Cowboys spice mix with lettuce, tomato, cheese and avocado on a brioche roll, served with rustic fries.	\$14.9	\$16.6
<b>MUSHROOM BURGER</b> Herb crumbed gruyère, stuffed field mushroom with lettuce, tomato and aioli on a brioche roll, served with rustic fries. <b>ADD BACON</b> +\$1.0 M +\$1.2 N-M	\$14.9	\$16.6

Gluten Free Burger Buns available



## WINGS & RIBS

	MEMBERS	NON-MEMBERS
<b>HOT WINGS</b> Traditional franks hot wings, served with blue cheese aioli.	\$12.9	\$14.4
<b>SMOKY BBQ WINGS</b> Smoky American style BBQ wings served with garlic aioli.	\$12.9	\$14.4
<b>PORK RIBS</b> Texas style BBQ pork ribs, chilli and BBQ sauces, served with rustic fries, rocket and mint slaw salad.	\$24.5	\$27.3
<b>LAMB RIBS</b> Slow cooked garlic and rosemary lamb ribs served with rustic fries, rocket and mint slaw salad.	\$25.5	\$28.4

## MAIN MEALS

<b>300G RIB FILLET</b> Served on vegetable ratatouille with roasted sweet potato cubes and gluten free gravy.	\$31.9	\$35.5
<b>CROCODILE RISOTTO</b> Crocodile tail fillet, chorizo, capsicum, Spanish onion and celery in a rich, zesty tomato risotto, served with toasted garlic sour dough and parmesan cheese.	\$23.9	\$26.6
<b>KAFFIR LIME CHICKEN</b> Pan-seared chicken breast pieces, finished in coconut, lemongrass and fresh kaffir lime sauce and served with rice, green beans, bok choy and lime wedges.	\$21.9	\$24.4

## NOODLES & STIR FRY

**PAD THAI** Rice noodles stir-fried with bean sprouts, fried tofu and your choice of meat, finished with crushed peanuts.

**SINGAPORE NOODLES** Rice vermicelli stir-fried with ham, vegetables and your choice of meat in a special Singapore style sauce.

**MIE GORENG** Indonesian spicy fried noodles with sriracha, sweet soy, lemon, bean sprouts, vegetables and your choice of meat finished with a fried egg.

**MALAYSIAN SATAY** Stir-fried snow peas, green beans, capsicum, shallots, bean sprouts and your choice of meat in a house made Malaysian style satay sauce, finished with crushed peanuts and served with rice.

Chicken	\$18.9	\$21.0
Beef	\$18.9	\$21.0
Prawn	\$22.9	\$25.5
Combination	\$22.9	\$25.5

## LITTLE LEGENDS

### CHILDREN'S MEALS

MEMBERS  
\$9.9

NON-MEMBERS  
\$11.0

All Children's meals are served with either a side of salad or chips.

- HAM AND PINEAPPLE PIZZA
- BATTERED FISH
- FETTUCCINE BOLOGNESE
- CHICKEN NUGGETS
- CHEESEBURGER
- GRILLED CHICKEN
- VEGETARIAN BURGER

### Meals include:

- Kid's size soft drink, orange juice or slushy
- Soft serve ice cream
- FREE busy nippers activity bag!



# DRINKS

MEMBERS

NDN-MEMBERS

MEMBERS

NDN-MEMBERS

## COLD DRINKS

**MILKSHAKE** \$5.5 \$6.2

**THICKSHAKE** \$5.9 \$6.6

**ICE CHOCOLATE, ICE COFFEE, ICE MOCHA** \$6.9 \$7.7

**SMOOTHIES** \$7.9 \$8.8

- **BANANA AND HONEY** Frozen banana, yoghurt, honey and skim milk.
- **MANGO** Frozen mango, yoghurt, vanilla syrup and skim milk.
- **MIXED BERRY** Frozen mixed berries, yoghurt and skim milk.

**FROSTED JUICES** \$7.9 \$8.8

Choose your fruit combo:

- **PASSIONS OF PARADISE** Passionfruit, pineapple, mango and ice.
- **TROPICAL TORNADO** Pineapple, mango, kiwi, strawberry and ice.
- **AVO GO GO** Avocado, broccoli, spinach, mango, coconut, ginger, lime and ice.

Choose your mixer: **APPLE JUICE** or **COCONUT WATER**

**FRAPPES** \$7.9 \$8.8

- **COOKIES AND CREAM** Ice, ice cream, milk, crushed Oreos, white chocolate powder topped with whipped cream and crushed Oreos.
- **CARA CAP** Ice, ice cream, milk, double espresso and caramel sauce, topped with whipped cream and caramel sauce.
- **CHOCA MOCHA** Ice, ice cream, milk, double espresso, chocolate and choc chips, topped with whipped cream and choc chips.
- **NUTELLA** Ice, ice cream, milk and Nutella topped with whipped cream and drizzled with Nutella.
- **CHOC MINT** Ice, ice cream, milk, peppermint flavouring topped with whipped cream and chocolate sauce.
- **HAZELNUT DELIGHT** Ice, ice cream, milk, Nutella, coconut sauce and chocolate, topped with whipped cream and coconut shreds.
- **CHOCOLATE DELUXE** Ice, ice cream, milk and chocolate, topped with whipped cream and choc chips.

## HOT DRINKS

**LONG BLACK, FLAT WHITE, CAPPUCINO, CAFÉ LATTE**

Cup \$3.5 \$3.9

★ Mug \$4.5 \$5.0

**ESPRESSO, PICCOLO** \$3.2 \$3.6

**SHORT MACCHIATO** \$3.5 \$3.9

**LONG MACCHIATO, MOCHA, ICED LATTE★** \$4.5 \$5.0

**AFFOGATO★** \$4.0 \$4.5

**VIENNA★** \$4.3 \$4.8

**BABYCINO** \$1.3 \$1.5

**HOT CHOCOLATE, CAFÉ FREDDO★** \$4.5 \$5.0

**ADDITIONAL SYRUPS** \$0.5 \$0.6

Hazelnut, Vanilla, Caramel and Chai.

**POT OF TEA** For One \$3.5 \$3.9

For Two \$5.9 \$6.6

Bushells and Tea Pig Tea varieties including English Breakfast, Earl Grey, Mao Feng Green Tea, Chamomile Flowers, Lemon and Ginger, Peppermint Leaves and Chai.

### COWBOYS REUSABLE CUPS NOW AVAILABLE!

Reusable Cup \$6.9 \$7.7  
 Reusable Cup + First Drink \$9.9 \$11.0  
 Refill★ in your Cup \$3.5 \$3.9

## DESSERTS

**ICE CREAM** Kids Serving \$3.5 \$3.9

Bowl Serving \$4.5 \$5.0

Sundae \$6.0 \$6.7

### CAKES, TARTS AND PIES

See our cake cabinet for today's selection and prices.



★ Drinks available as a refill in your reusable Cowboys Cup.

We use nut products including nut milks. All drinks may contain and/or come in contact with various allergens including (without limitation) nuts.

# SHARE PLATES

IDEAL FOR GRAZING

FOR ONE

\$19.9 M | \$22.2 N-M



FOR TWO

\$37.9 M | \$42.2 N-M



FOR THREE

\$55.9 M | \$62.2 N-M



FOR FOUR

\$73.9 M | \$82.2 N-M



## CHOOSE ANY 3 OF THE FOLLOWING ITEMS:

- **PORK BELLY** **GF** Crispy skin pork belly pieces (3) in plum and chilli glaze on wilted greens.
- **LAMB CUTLETS** **GF** Grilled lamb cutlets (2) with tzatziki.
- **PRAWN GYOZA** **DF** Authentic Japanese style dumplings (3), filled with prawn meat and chives, served with a sweet citrus dipping sauce.
- **CUTTLEFISH** Polenta and lime pepper dusted cuttlefish served with lime and dill aioli on a small garnish salad.
- **OYSTER BLOODY MARY** **GF DF** Fresh pacific oysters (2) in Bloody Mary sauce, served in a shot glass.
- **STICKY TERIYAKI CHICKEN** **GF** Grilled chicken breast in a sticky teriyaki sauce (2) served skewered with pineapple yoghurt.
- **MONGOLIAN BEEF LETTUCE WRAPS** **GF DF** Tender strips of rump steak (2) marinated and served in a fresh lettuce cup.
- **JALAPEÑO POPPERS** **V** Crumbed jalapeños (3) stuffed with Cowboys own cream cheese mix and served with guacamole.
- **BUDDHA BOWL** **GF V** Filled with spiced chickpeas, roasted sweet potato, wilted silverbeet, slow roasted Spanish onion, topped with minted yoghurt.



# PIZZAS

<b>MARGARITA</b> Tomato Napoli, fresh basil and mozzarella.	\$16.9	\$18.8
<b>HAM AND PINEAPPLE</b> Tomato Napoli, honey smoked ham, pineapple and mozzarella.	\$16.9	\$18.8
<b>CHICKEN AND MUSHROOM</b> Tomato Napoli, chicken, mushrooms, onion and mozzarella, topped with BBQ sauce swirl.	\$16.9	\$18.8
<b>MEATLOVERS</b> Tomato Napoli, bacon, ham, salami, and mozzarella, topped with BBQ sauce swirl.	\$16.9	\$18.8
<b>SUPREME</b> Tomato Napoli, ham, salami, pineapple, capsicum, mushrooms, olives and mozzarella.	\$16.9	\$18.8
<b>MARINATED LAMB RUMP</b> Garlic and herb lamb rump, baby spinach, spiced roast chickpeas, Spanish onion and mozzarella.	\$18.9	\$21.0
<b>MEDITERRANEAN MEAT LOVERS</b> Tomato Napoli, prosciutto, sopressa, Spanish chorizo, olives, semi dried tomatoes and mozzarella.	\$18.9	\$21.0
<b>VEGETARIAN</b> <b>V</b> Tomato Napoli, baby spinach, roasted peppers, eggplant, mushroom, zucchini, Spanish onion, artichoke and mozzarella.	\$18.9	\$21.0

Half n Half Surcharge +\$1.0 M +\$1.2 N-M *Gluten Free Pizza Bases available* **G+**



Please advise staff when ordering: **V** Vegetarian **DF** Dairy Free **GF** Gluten Free **G+** Gluten Free Surcharge +\$1.0 M / +\$1.2 N-M

**M** - Members Price | **N-M** - Non-Members Price. All meals may contain and/or come in contact with various allergens including (without limitation) nuts and seafood.